Pregnancy & Parenting

• Increase young people’s capacity to avoid early and unintended pregnancies, make informed family planning decisions and prepare for parenthood.

• Equip young mothers and fathers to ensure well-being for themselves and their children.

2018
82 expectant or parenting youth surveyed; 2 focus groups held.

New priority to serve youth in foster care required of Iowa Pregnancy Prevention Program grantees.

Resource Directory created.

Staff Training planned for Fall.

BASELINE
8.3% of young people are parents by age 18
26.2% of young people are parents by age 21 (2017 - Iowa Aftercare Services).

HEAD WINDS
(Key Factors)
• Lack of attention on helping youth navigate relationships.
• Only 22% of young adults reported “always” using birth control.
• 41.3% of young adults reported feeling “not at all prepared to be a parent” during their first pregnancy.
• Few young parents connected to available parenting supports and services.

STRATEGIES
• Increase young people’s capacity to avoid early and unintended pregnancies, make informed family planning decisions and prepare for parenthood.
• Equip young mothers and fathers to ensure well-being for themselves and their children.

2019 ACTIVITIES
• Develop and disseminate a reproductive and sexual health rights and responsibilities document.
• Provide training and technical assistance to providers.
• Develop and implement new ongoing data collection instruments.

2019 TARGETS
• 5% of young people enter Aftercare as parents.
• 22% of young people exit Aftercare as parents.

Partners
Iowa Aftercare Services Network
InSight Youth Advisory Board
Department of Human Services
Adolescent Pregnancy Prevention Program Grantees
Iowa Department of Public Health, Office of Adolescent Health
Iowa State University Research Team
Prevent Child Abuse Iowa
Youth Policy Institute of Iowa